

kindyRock Hoedown



Action Song

We're gonna slap our knees
Stamp our feet
Turn around and clap the beat
Find a partner and do si do.
This is the kindyRock hoedown.

(Hook arms with a partner or hold hands and turn around in a circle)

Go into the middle with a big YEEHEE *(Walk into the middle of the circle and wave one hand in the air like a lasso)*

Out again and slap your knees *(Walk backwards out to form the circle again)*

Go into the middle with a big YEEHAW *(Wave one hand in the air like a lasso)*

This is the kindyRock hoedown *(Walk backwards out to form the circle again)*

Actions: *Stand in a circle first. Follow the lyrics. Find a partner (or two) that you can do the do si do with. This dance takes a little bit of practise but once the children have learnt it, it is great fun. It is a good idea to go slowly through the actions the first few times you do this song. Also practise the do si do line a few times. For younger children, instead of finding a partner, they can turn around with their hands on hips.*

Musical Skills:

Tempo – Respond to tempo changes.

Beat - do the actions to time to the beat.

Other Skills:

Motor skills – different actions: slapping knees, clapping turning around.

Social skills – working with a partner.

Extension Activities:

Make up new actions the song. Discuss what a hoedown is and the “country feel” to the song. Listen to other examples of country music.

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